Dear Parents/Guardians  

4 May 2015

The ‘Healthy Harold’ Life Education Van will be at Singleton Public School from Friday, 29 May to Tuesday, 9 June 2015. All classes will visit the van in separate sessions over this period. Each grade follows a different program so it is important for children to participate each year. The programs address many of the components and objectives within the NSW PD/Health/PE curriculum. A brief outline of the program contents is:

**Early Stage 1 - Kindergarten - “Harold’s Surprise”**
- Healthy food choices, importance of physical activity, safety.

**Stage 1 - Year 1 – “Harold’s Mystery Tour”**
- Body workings, safe use and storage of medicines, peer pressure and coping strategies, safety, decision making.

**Stage 1 - Year 2 – “Harold’s Heroes”**
- Environmental health issues, emergency procedures, individual needs for medicines, safe use and storage.

**Stage 2 - Year 3 – “Harold’s Diary”**
- Friendship, resilience, expressing emotions, coping strategies, healthy food choices, active lifestyles.

**Stage 2 – Year 4 – “Mind Your Medicine”**
- Safe and unsafe situations, medicines and consequence of misuse, peer influence and friendship, positive communication.

**Stage 3 - Year 5 – “On the Case”**
- Short and long term effects of smoking, effects of passive smoking, laws, peer influence and refusal skills.

**Stage 3 - Year 6 – “Think Twice”**
- Consequences of alcohol use and misuse, stay safe situations and refusal skills, laws controlling purchase and use.

The cost is $10.00 per child. Permission notes and money must be paid to the class teacher no later than 12.30 pm on Monday, 25 May. This enables the office staff to compile reports of payment for the class teachers. Please contact Mrs Kerrie Burns in the school office if you are in need of financial assistance – all enquiries are strictly confidential. The Hunter Life Van is covered by Supercover, so if you have paid Supercover there is no need to pay for this event.

**HAROLD PRODUCTS** - The separate form attached is a list of the items that children can purchase directly from the van. The money for these purchases must be put in an envelope with their name, class and what they want to purchase and sent in on their allocated day which will be advised in the school newsletter. Any separate tax deductible donations, as per the attached form, (not including the $10.00 per child entry) is to be by cheque made out to Life Education NSW and attached to that particular return slip. We will forward it on to Life Education and they will forward you a receipt.

Jonathan Russell
Relieving Principal

Christine Launders
Organising Teacher

RETURN SLIP – Hunter Life Van (Return to class teacher with money by Monday, 25 May 2015)

I give permission for my child/children listed below to attend the Hunter Life Van.

Child’s Name: ________________________________  Class: ______________

Enclosed: $ __________ ($10.00)
(Due before 12.30 pm on Monday, 25/5/15)

Signed: ________________________________

Parent/Guardian

(Please send a separate note and money to each class teacher.).

---

If you have paid Supercover there is no need to return the permission note.

This excursion is covered by Supercover.
HAROLD MERCHANDISE

Dear Parents,

Life Education NSW is a not for profit community-based organisation that relies heavily on fundraising within the community to assist in meeting the shortfall left after receiving minimal assistance from Government funding.

The sale of Harold merchandise to the children whilst the program is visiting each school supports the fundraising activities of local committees and all proceeds support Life Education within each local area. These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them.

The educator will provide the opportunity for children to purchase these products during the school visit. Please provide the correct money in an envelope with the item written on the face of the envelope along with your child's name and class. This allows the educator to process orders efficiently and accurately. Orders will be returned by the conclusion of the visit.

<table>
<thead>
<tr>
<th>Product Description</th>
<th>Price Incl. GST</th>
<th>Quantity</th>
<th>Product Description</th>
<th>Price Incl. GST</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tattoo</td>
<td>$0.50</td>
<td></td>
<td>Harold Hand Ball</td>
<td>$3.00</td>
<td></td>
</tr>
<tr>
<td>Harold Sticky Note Pad</td>
<td>$1.50</td>
<td></td>
<td>Harold Stationery Set</td>
<td>$3.00</td>
<td></td>
</tr>
<tr>
<td>Harold Activity Bag</td>
<td>N/A</td>
<td></td>
<td>Small Harold Soft Toy</td>
<td>$8.00</td>
<td></td>
</tr>
<tr>
<td>Harold Keyring</td>
<td>$3.00</td>
<td></td>
<td>Large Harold Soft Toy</td>
<td>$15.00</td>
<td></td>
</tr>
<tr>
<td>Total Owing</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Name: ___________________________ Child's Class: ___________________________

NB Harold Products are subject to availability

Life Education NSW thanks you for your support.

☐ I would like to donate __________ to Life Education NSW.

Gifts of $2.00 or over are tax deductible.

Name: ___________________________ Phone (optional): ___________________________

Address: ___________________________________________________________________________

Suburb: ___________________________ Postcode: ___________________________

Email (optional) ___________________________ Child's Class: ___________________________

Visit Life Education at www.lifeeducation.org.au or www.healthyharold.org.au